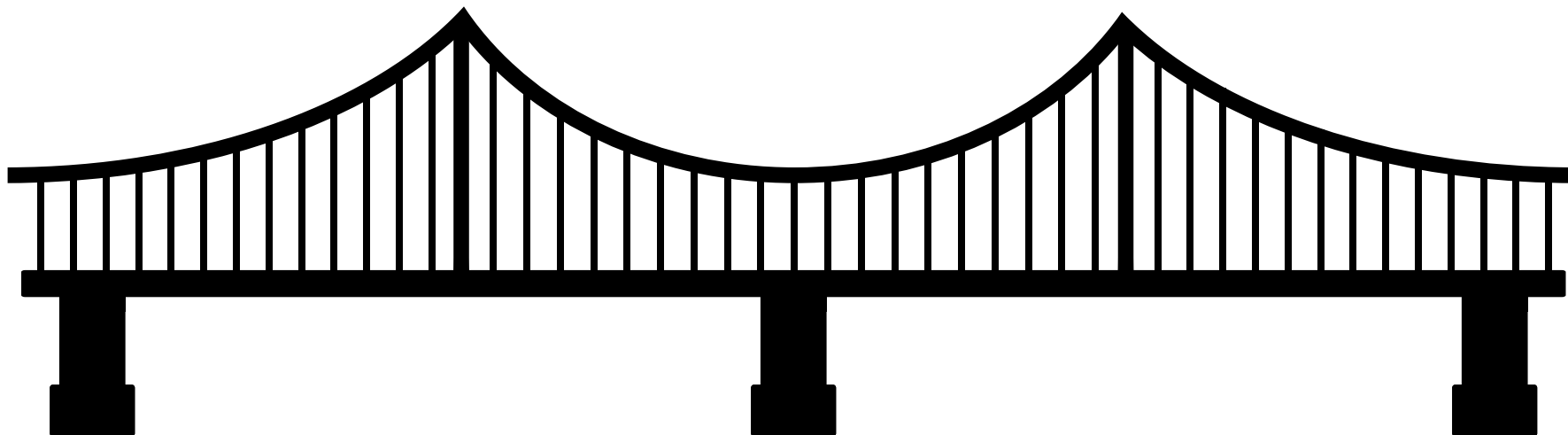


*Unwinding rituals*  
TAKING THE BRIDGE



THE END-OF-DAY RITUAL

THE COMMUTE RITUAL

THE HOME RITUAL

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